

# MÉTHODE

# TEENAGERS 13-15 YRS OLD



Centre des Loisirs St-Sacrement  
2011

## **ACTIVITÉS POUR LES 13-15 ANS**

Notre programme d'anglais réserve une place toute spéciale à nos grands : volet multimédia les introduisant aux techniques cinématographiques et radiophoniques, leadership, sport, travail d'équipe et projets spéciaux (talent show, vidéo, newspaper, animation supervisée des groupes plus jeunes afin de les inciter à communiquer en anglais). Notre méthode de travail permet aussi à nos 13-15 de faire des choix en groupe, quant à la réalisation des activités et des projets. Le tout, dans l'optique de favoriser les échanges en anglais.

### **JOURNÉE TYPE POUR LES 13-15 ANS :**

Objectif général : Développer de multiples moyens de communications en anglais pouvant s'adapter à plusieurs groupes d'âge et à différents niveaux de connaissance de la langue.

#### **7 h 30 - SERVICE DE GARDE ANIMÉ :**

Pour les 13-15 ans **qui le désirent**, ils auront la possibilité de donner un coup de mains aux moniteurs pour la période du service de garde en participant à diverses activités Objectif spécifique : Développer des stratégies de conversation efficace en utilisant le jeu comme outil didactique.

#### **9 H - RASSEMBLEMENT DE DÉBUT DE JOURNÉE :**

Nos 13-15 ans seront impliqués dans le rassemblement en animant la thématique, toujours avec les moniteurs.

Objectif spécifique : Développer des techniques d'animation en utilisant le chant comme moyen d'atteindre les plus petits et ainsi favoriser leur participation.

#### **10 H - PROJETS COLLECTIFS :**

En équipe et selon leur choix, les 13-15 ans travailleront sur un projet spécial qui sera présenté à la fin du programme.

Objectif spécifique : Travailler en équipe (toujours en anglais) dans un cadre participatif. Durant la première semaine, les jeunes travailleront sur une émission radio qui se concentre sur le parlé seulement. La deuxième semaine, les jeunes travailleront sur une vidéo qu'ils devront scénariser, diriger, monter et présenter. Le tout sous la supervision d'un moniteur.

#### **12 H - DINER :**

Moment de détente.

### **13 H - SPORTS ET PROJETS COLLECTIFS :**

Objectif spécifique : Travailler et jouer en équipe (toujours en anglais) dans un cadre démocratique et participatif. Seulement entre grands.

### **16 H - SERVICE DE GARDE ANIMÉ :**

Pour les 13-15 ans **qui le désirent**, ils auront la possibilité de donner un coup de mains aux moniteurs pour la période du service de garde en participant à diverses activités.

Objectif spécifique : Développer des stratégies de conversation efficace en utilisant le jeu comme outil didactique.

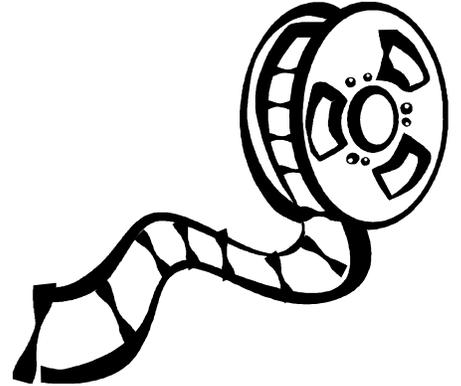
### **LORS DE LA BAIGNADE :**

Objectif spécifique : Participer à des moments moins formels tout en faisant l'apprentissage de la gestion de ses temps libres.

# Lights... Cameras... Action!

During these two weeks, kids will have the chance to take a leap in the world of movie making. They'll have the chance to write a scenario, take seat in the director's chair, to guide the camera, be responsible of the material or be an actor.

These two weeks have been developed in order to give the kids a vocabulary related to movie making for those who will 'work' as members of the behind the camera crew and a chance to perform in English in front of the camera.



Different responsibilities will be given to each kid so that they all enjoy their stay.

Here is how the two weeks could be scheduled:

## Week 1

- ✓ Monday: Brainstorming on subject
- ✓ Tuesday: Writing of the script
- ✓ Wed.: Finish script + Work on setting
- ✓ Thursday: Start filming
- ✓ Friday: Filming/adapting

## Week 2

- ✓ Monday: Filming
- ✓ Tuesday: Filming
- ✓ Wed.: Editing \*
- ✓ Thursday: Editing \*
- ✓ Friday: Presentation

\*Find someone who has the material to do movie editing!!!



The theme could be related to the week thematic or could come from the Monday brainstorming

**SINCE YOU WILL BE FILMING MINORS, YOU NEED A PARENTAL PERMISSION BEFORE STARTING TO FILM.**

# Put your masks and... Play



In these two weeks kids will have the chance to act like different people. They will have to create or adapt a play.

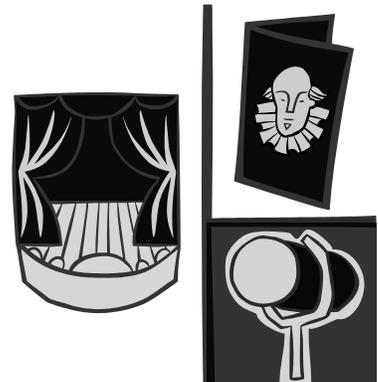
During these weeks the kids will have to show and improve their ability to communicate in English with other kids.

They have three possible ways of working through the two weeks:

- ⇒ They can write a short play
- ⇒ They can actualise an older play
- ⇒ They can modify the ending of a well-known play
- ⇒ Or finally, learn and play an original play

They will have the chance to seat at different positions:

- ⇒ Director
- ⇒ Role manager
- ⇒ Costume manager
- ⇒ Actors
- ⇒ Setting manager
- ⇒ ...



Here is how the two weeks could be scheduled:

## Week 1

Monday: Choose type of play +  
Brainstorming  
Tuesday: Adaptation/ Writing  
Wed.: Adaptation/ Writing  
Thursday: Writing + Role distribution  
Friday: Writing + practice

## Week 2

Monday: Practice  
Tuesday: Practice  
Wed.: Practice  
Thursday: Practice  
Friday: Presentation

# NewsPaper/Magazine/Broadcast

\*see appendix 1

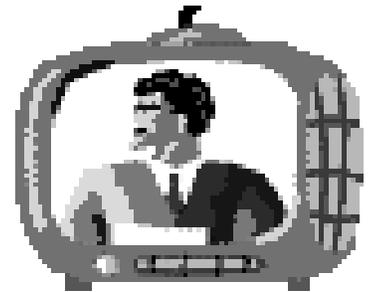


Through these two weeks kids will get into making different articles to build a newspaper/Magazine or a TV broadcast. They will be introduced to the vocabulary of journalism, reports and all the fields that are related to making a newspaper/Magazine or a TV broadcast.

Depending on what option they choose, they will practice different language skills such as writing, speaking & listening, and on the side, skills such as page design, comic stripping, etc.

## Different Functions:

- ⇒ Board Director
- ⇒ Section Responsible
- ⇒ Reporters
- ⇒ Journalist



## Different sections:

- ⇒ Sports
- ⇒ Weather
- ⇒ Biographies
- ⇒ Music
- ⇒ Books
- ⇒ Gossip
- ⇒ Trip
- ⇒ News
- ⇒ Cooking
- ⇒ Fashion
- ⇒ Classified Ads
- ⇒ Ads
- ⇒ Morning Section (games, horoscope, etc)

## Here is how the two weeks could be scheduled:

### Week 1

Monday: Choice of project  
Tuesday: Distribution of roles +  
Brainstorming  
Wednesday: Field Trip  
Thursday: Work on articles  
Friday: Work on articles

### Week 2

Monday: Work on articles  
Tuesday: Work on articles  
Wed.: Editing  
Thursday: Editing / printing  
Friday: Presentation



## EXTRA IDEAS OF ACTIVITIES OR PROJECTS FOR THE TEENS

### ➤ Pizza for lunch

Before discussing this idea with the kids, always ask your supervisor to make sure it's possible.

### ➤ Rigolfeur

Before discussing this idea with the kids, always ask your supervisor to make sure it's possible.

### ➤ Wood expedition

When you go in the woods with a group of kids, make sure you plan everything beforehand. For a wood expedition, you could ask the kids to find certain things or insects. You could ask them to prepare a camp as if they would be stuck in this wild place for a while and they would have to survive.

### ➤ Commando & Stratego in the woods

See "Banque de jeux"

### ➤ Taking care of the young groups

Do this only once in a while, and only if all your kids really like. When you do it, make sure you only spend about 30 minutes with the younger group.

### ➤ Lib dub (they invent the lyrics or not)

Before discussing this idea with the kids, always ask your supervisor to make sure it's possible. Also, since you will be filming minors, you need a parental permission before starting to film.

### ➤ Photo story (see if it's possible to have access to the computer lab in the school)

When you do a photostory with a group of kids, you have to guide them through the steps. Step 1 would be to draw a plan of your story. Step 2 would be to think of places where they could take the photos. Step 3 would be to think of costumes and props. Step 4 would be to take the photos. Step 5 would be to edit the photos and create the comic strip. (*See appendix 2*)

### ➤ Protect your egg

You give small groups two balloons, a ball of string, two sheets of paper, a roll of tape (or any material available) and a raw egg. Using only the material provided they must figure out how to drop the egg onto the floor. They must drop the egg with an extended arm while standing on a chair. They can protect the egg any way they want. The only thing that they cannot do is low the egg with the string. Give them only ten minutes. They must of course only speak English. This is a great way to lead into a decision on teamwork and problem solving skills. They are constantly having to listen and give instructions. Leaders will rise and job sharing will have to take place to complete the task. With a competitive group reward the most creative. After 10 minutes have them demonstrate their creations.

### ➤ "La Fureur"

There are many little games you could play.

1. A kid would have to listen to a song with headphones and make their team guess the song.

2. You could start a song, have the kids sing the song (make sure they have the lyrics) and then you would mute the song and the kids would have to keep on singing. When you put the volume back, the kids have to be at the same place in the song.
3. Have the kids guess a song that you play.

➤ **Cooperative games**

See *Gladius*.

➤ **Magic tricks in front of younger kids**

Ask the kids if they know any tricks or find some on the internet and teach them to the kids.

➤ **Create a new product (that could exist or not)**

The kids must create a product they would have to present to the others. This product could be doable or not. The kids have to use their imagination. Then, the kids would have to think of a way to publicise their product and do it (name for the product, a catch phrase, etc.). Be original!

➤ **Create a new country and how it would work**

The kids would have to do the same thing as the "Create a product" project, but they would have to create a country instead. They would have the kids create a new country and think of different aspects of it. Example: name of the country, language, food, culture, sports, music, dance, books, flag, national anthem, etc.

➤ **Design your t-shirt**

Each kid would have to bring a t-shirt that they want to decorate permanently. The counsellor has to ask the supervisor for special markers. The kids have to think of what they want to do, do drafts before drawing on the t-shirt and then do it on the t-shirt. Try to have them do a significant drawing, or something that represents them.

# THE CHILLING NEWSPAPER



BY :

*THE CHILLING GROUP !!!*

*SUMMER 2009*



To the readers :

We are very proud to present the hard work of our 13-15 year olds. This newspaper made completely by them really shows their great improvement. We, their two counsellors have only corrected the biggest mistakes to make sure to stay close to the original text.

To the teens :

We had A LOT of fun with you and hope you had as much fun as we did. Good job, we're proud of you and we hope the rest of your summer will be AMAZING! Keep working hard in English and don't be scared to make mistakes! Have fun!

*Brownie and  
Doodle*

P.S. Don't forget to  
put sunscreen!!!!



## WEATHER

BY: NOÉMIE



**MONDAY :** Today, it will be sunny everywhere. It will be very hot, between 26 and 32 degrees. During the night, there may be some big storms so maybe you will lose electricity. Take advantage of the day and watch out for clouds.

**TUESDAY :** The storm will continue all day long, but don't be disappointed just for that! Good time will reappear.

Min. : 15°C  
Max. : 20°C

**WEDNESDAY :** Yes, good time is already back, but with clouds. It won't be too hot.

Min. : 22°C  
Max. : 26°C

**THURSDAY :** The sun is back again. This is one of the best types of days : sunny but not too hot. In the sky, you won't see clouds, just blue everywhere.

Min. : 15°C  
Max. : 20°C

**FRIDAY :** There is a little bit of rain, but not big rain, just refreshing. If you go outside in the rain, it will be very hot.

Min. : 28°C  
Max. : 32°C

**SATURDAY :** During the day, it will be just the blue sky, but in the afternoon, it will be rainy.

Min. : 18°C  
Max. : 22°C

**SUNDAY :** On Sunday, this day will be one to remember. It will be very hot.

Min. : 30°C  
Max. : 34°C

### SUN DESTINATIONS:

**FLORIDA:** It's the perfect time to swim.

Min. : 26°C  
Max. : 32°C

**CUBA:** There are many risks of hurricanes, so don't choose that destination at this time.

Min. : 27°C  
Max. : 33°C

**DOMINICAN REPUBLIC:** There are also risks of hurricanes, but really small. Beaches will also be beautiful to swim or just to get tanned.

Min. : 26°C  
Max. : 30°C

**COSTA RICA:** It's really hot and it's the time for the big spiders from Costa Rica, so watch out if you go there.

Min. : 36°C  
Max. : 40°C



---

## IN SOUVENIR

BY: LISANNE & CAMILLE



- Michael Jackson, the pop king, died in his house of a heart attack. He died at 50 years old. He gives his kids to his mother.
- Elvis Presley died because he overdosed : he took too much drugs. He died at 30 years old.
- Madonna killed herself because her boyfriend broke up with her. After that, her ex-boyfriend killed himself because of Madonna's death. She died at 50 years old.

- Paris Hilton was killed by a fan that wanted to touch her but thought she was too stupid. She gave her dog to her new best friend.
- Britney Spears died filming a clip because she was hit by a bus. She died at 27 years old.
- Céline Dion died during a show in front of thousands of spectators. She fell on her head. She died at 45 years old.




---

## MUSIC

BY: OLIVIER



Since a couple of years, music has been used by the majority of the population. The CD's are less sold because of the new generation of iPods or MP3 players. The new iPods are currently used for taining, to go to work or simply to play in the car. Also, the most popular singers, like Michael Jackson, have good and bad influences on our lives. Michael Jackson sang pop and was very popular during his lifetime. Also, one of the rock groups who is the most popular is Van Halen. There are also other singers that are popular like : Céline Dion, String, Justin Timberlake, Eminem, etc. The instruments that are used for music are drums, guitar, electric guitar and bass. For me, the best type of music is rock because I like the drums. My favourite drummer is Travis Barker because he's really good and plays very fast. I like music and will listen to some during my entire life.



## BOOKS:

### ERAGON AND TUNNEL

BY: GABRIEL



In the last month, the third book of the Eragon series was published. Eragon epopee is a mix of action, adventure and love stories. The story of the series talks about a farmer named Eragon who discovered a dragon egg in the forest. When he touched it, a mysterious connection was formed and Eragon became a Dragon Rider. With his dragon Saphira, hi gets the mission to kill the evil king of the humans' country, Galbathorit, and his dragon Sarikkan. This book is in my top ten favourite books and I recommend this book for ten year olds and more. Christopher Paolini, the author of the book, is very young. He started to write Eragon when he was around 16 years old.

Another good book was published this month. The name of the book is *Tunnel*. It is the new story of J.K. Rowling, the author of Harry Potter. This book tells the story of Will Barrow whose favourite hobby is to build a tunnel in the earth with his father. One day, when they're digging a tunnel, they find a new civilization in the center of the earth.



## HOROSCOPE

BY: FREDÉRIQUE



ARIES AND SAGITTARIUS : You are too stressed. Go outside, it could be good for you. In love, you miss goop opportunities to meet great people. The luck is not with you, but if you work hard, things could be better.

Your lucky number : 7

Luck : ★★

Love : ♥♥♥

TAURUS AND PISCES : Accept invitations, some encounters could be interesting. Love is in the air, but don't take too much space. Today, be zen, you need to relax. Don't forget your friends, they need you.

Your lucky number : 3

Luck : ★★★★★

Love : ♥♥♥♥♥

GEMINI AND AQUARIUS : You are tired. Stay home and relax, you will feel better. Your friends want to see you, listen to them, they could give you great ideas. In love, you can meet someone but don't go too fast.

Your lucky number : 8

Luck : ★★★

Love : ♥♥♥♥♥

CANCER AND CAPRICORN : Go out with your friends. Today, you could meet someone very interesting, so look around you. The luck is with you but everything is not right. Your family is stressed out, let them relax.

Your lucky number : 4

Luck : ★★★★★★

Love : ♥♥♥♥♥

LEO AND LIBRA : Don't be negative, everything is better than it seems. You are tired, don't organize too many things, you need to calm down. Take care of yourself.

Your lucky number : 2

Luck : ★★★

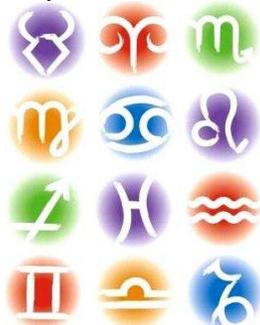
Love : ♥♥

VIRGO AN SCORPIO : If someone suggests you a project, accept it, it could be really good for you. You are too busy, take time for yourself and your friends. In love, someone will notice you.

Your lucky number : 5

Luck : ★★★

Love : ♥♥♥♥♥



## GOSSIP

BY: AUDREY

- A rumour says that Paris Hilton would be pregnant from her new boyfriend : Stavros Niarchos III, a greek. Another rumour about Paris Hiltos talks about the fact that Paris and her "new BFF", who she met in her TV show "my new BFF", aren't friends anymore.
- There is a rumour that Britney Spears got cancer and that she has less than 6 months to live.
- Another rumour is that Brad Pitt and Angelina Jolie would be separated and that Brad Pitt is back with Jennifer Aniston.
- Chad Michael Murray, Lucas of *One Tree Hill*, is in a relationship with Bethany Joy Galeotti. Also, Jackson Brundage, James in *One Tree Hill* (the son of Nathan and Haley) would be the little brother of Chad Michael Murray. Also, Ashton Kutcher would be the father of three kids he had with Reese Witherspoon.
- James Lafferty would be married with a paparazzo.
- Justin Timberlake would be in a relationship with the singer of an unknown group. He had twins with her.
- Chris Brown hit Rihanna and he will be in prison for 10 years.
- Also, the family of Akon was killed in a plane crash.
- Madonna is so crazy that she was sent to a psychiatric hospital for at least one year.



## TRIP

BY: AUDREY-ANN



### Legend:

- ★★★★★ = an absolute must
- ★★★★ = excellent
- ★★★ = good
- ★★ = just okay
- ★ = to avoid

### Provence

You're looking for a good place to learn about history and to look at wonderful landscapes? Provence (France) is the perfect place for you! The trip in plane is six hours long. Reserve your cottage in April so you'll be sure there's place. Another advice : rent a car because the route will be long to visit the region!

In the following lines, you'll find activities to do to discover this wonderful part of France.

→ The city of Avignon ★★★★★

Everyone knows this fabulous city with the Bridge of Avignon (★★★★). You can also visit the Pope's Palace (★★★★), a gigantic castle reserved for popes. For a panoramic view on the city, climb on the Doms Garden (★★★), a rock overhanging the Rhône river by thirty meters.

→ Bridge of Guard ★★★★★

This famous bridge was built by the Romans and gives to visitors a view of the mountain and of the beach. You can also walk around the woods and take a break at the beach. You can spend hours or an entire day there, but you'll be impressed by the bridge for sure.

→ Roman ruins of Vaison-la-Romaine ★★★★★

You can learn about the Roman civilization by visiting the ruins of houses dated from a hundred years. Have fun!

Finally, these were only suggestions, but take the time to look at the landscapes with the mountains, the vines and the sunflowers. Provence is a dream destination!



---

## CLASSIFIED ADS:

BY: LAURENCE



- LOTTERY:

649: 10 19 29 32 38 44

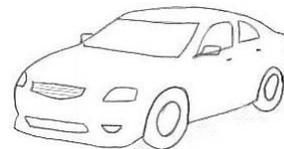
Super 7: 01 05 18 27 29 30 34



Winner comment:

Hello! My name is Marie Pagé \$ 10 000 000 at the lottery I had a lottery ticket of loto 649 and my number was 10, 19, 29, 32, 38, 44. I bought a big house, a cottage next to Tom Cruise's one, a spa where I can relax and take a good time and a huge pool of 15 meters by 15 meters. I will go travel around the world, I want to see Paris, London, New-York and the Bahamas.

- VERSA:



Versa 2009 is for sale for \$195 per month!

- TO RENT:

A beautiful luxurious house on René Levesque Boulevard is for sale! It's blue and white with a red door. Call 555-8686 if you are interested!

# COOKING

BY: SARA & LAURENCE



## ❖ BASIC CHOCOLATE CAKE:

### INGREDIENTS:

- 1 ½ cup of flour
- 1 cup of sugar
- 3 tablespoons of cocoa
- 1 pinch of salt
- 1 cup of water
- 1/3 cup vegetable oil
- 1 tablespoons of white vinegar

### PREPARATION:

Mix together all the ingredients and after bake for 30 minutes in the oven at 350 F.

## ❖ TRIPLE CHOCOLATE CAKE

### INGREDIENTS:

- 1 ¾ cup of flour
- 1 ¾ cup of sugar
- 2 teaspoons of powder baking
- ½ teaspoon of salt
- 5 squares of melted unsweetened chocolate
- ¾ cup of sour cream
- ¼ cup Crisco oil
- 1 teaspoon of vanilla
- White chocolate (as much as you want)
- ½ of cream
- 1 ½ teaspoon of butter

### PREPARATION:

- 1) Mixed all cake ingredients in a bowl and beat at high speed for 2 minutes.
- 2) Pour the mixture, in a 9 inch hinged mold previously greased and floured.
- 3) Bake at 350 F during 45 to 50 minutes.
- 4) After, cool 10 minutes and after removed the wall of the mold.
- 5) Push the handle of a spoon to make holes on the surface.
- 6) Melt white chocolate with cream and butter. Stir and let cool slightly.
- 7) Pour the white chocolate in the holes in the cake and cool.

### COMMENTS OF PEOPLE WHO'VE TRIED THE RECIPES:

William: Since I've tasted the new triple chocolate cake, my life has changed forever. This is the best cake in the world.

Steph: Mmmmm... This cake is the best cake in the world. It is crispy outside and soft inside.

Amélie: This cake is marvelous. This cake has totally changed my life.

Georges: I hate so much of this cake that I had indigestion. So now, I hate this cake and I will never eat cake anymore.

Jesse: Oh my God! This cake is so good! Formidable! Sensational! I can't live without it!



## FASHION

BY: ANNIE



These days, the fashion style of models is to mix a pink and an orange t-shirt with pale blue leggings. On the legging she puts a short with snoopy on it. For the socks, there are a short one and a long one. The long one is THE NEW THING of the moment. The most popular sock is white with 6 stripes: purple, orange, blue, green, yellow and pink. On her hair, she has a flashy yellow headband. For her feet, she wears a blue and a turquoise croc. Around her neck, she has a Hawaiian necklace.

For the other model, the headband is flashy pink and she wears a crown. Around her neck is also a Hawaiian necklace. The model has a yellow t-shirt with a Christmas short and under the short she has red tights. She has the same fashion sock as the first model.

Finally, the last model wears a strange green and purple hat. Around the hat there are flashy green swimming goggles. Her bell-bottom pants are orange. Around her neck she has a Hawaiian necklace. She has a purple t-shirt. During this season the model look so good. You want to look like them...go buy some NOW!!!!



## ADS

BY: ANNE



#1 : Why didn't you use Sunscreen plus!?! You can have sunburns anytime and everywhere! Did you know that it could cause skin cancers? You can also get cancer on your lips. SO NOT SWEET! Even if there are clouds, the UV rays can bring many damages...

So WE have the solution! Sunscreen plus is the perfect sunscreen for YOU! A protection of 24 hours guaranteed, a flawless resistance to water, in cream or in a spray edition and all this for only for only 5 easy payments of 19,99\$! If you buy some sunscreen plus in the next two weeks, we will give you a wonderful a wonderful lipstick that protects you from the sun!

- *Sunscreen plus director*

#2 : As you can see in this wonderful add with those lovely young men, it's not everybody who has enough friends to play a correct game of their favourite sport... At the St-Sacrement camp, you can play all the sports you want, make friends, do your hobbies in the special camps, sing as loud as you want with your energetic counsellors and be sure that you are in safety and have enough attention...But please come to the English camp because :

WE ARE FROM ENGLISH CAMP, THE COOLEST KIDS AT CAMP ST-SAC, IF YOU CAN HEAR US, LET'S SING LOUDER THAN US!

- *The chilling kids of English camp*





**WHO'S THE CHILLING GROUP IN THE CAMP?**

**WHAT?**

**WHO'S THE CHILLING GROUP IN THE CAMP?**

**WHAT?**

**WE ARE THE CHILLING, CHILLING GROUP!!!**

APPENDIX 2 – EXAMPLE OF A PHOTOSTORY

